



Isabel Briggs Myers

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MBTI Review

1. Describe what the Myers-Briggs Type Indicator instrument is and how it can help you with your career planning.
2. How can knowing the MBTI type of people in an organization help in the selecting and forming more effective groups?
3. Indicate what your type is and some characteristics of this type based on class lectures and the video viewed in class.

"Whether people first hear about the two kinds of perception and two kinds of judgment as children, high school students, parents or grandparents, the richer development of their own type can be a rewarding adventure for the rest of their lives."

Isabel Myers

